

INTERNATIONAL STUDENTS HOUSE

**229 GREAT PORTLAND STREET, AND 10 YORK TERRACE EAST,
LONDON W1. TEL: 020 7631 8300 (School emergency no. 07850 900818)**

International Students house is situated near Regents Park, near to Great Portland Street underground station. ISH has two buildings approximately 7 minutes walk from each other.

The main residence at Great Portland Street houses the following facilities: twin/single bedrooms, restaurant where meals are taken, lounge bar, newly-equipped gym, TV rooms, launderette, coffee-shop and an internet cafe.

The second building at York Terrace East houses further single/twin bedroom. Students staying at York Terrace East must take their meals at the main building. All students will be given a "Smart Card" which will allow access to the building and their bedroom. It is also used to obtain meals in the restaurant. The allowance is £2.50 per day for breakfast and £4.75 per day for dinner (if applicable). It is not possible to transfer money allocated for meals from one day another, if you do not use the money for one day you cannot use it on another day. A £10 fee is payable if the card is lost. Breakfast is served from 07.30 (08.00 at the weekend) until 10.00 and dinner is 17.30 (18.00 at the weekend) until 19.30.

All bedrooms have wash basins, telephones, desks, a cupboard and a fridge. Rooms are serviced and bed-linen is provided, though please note that only hand towels are provided. Linen is changed every 3 days. There are central washing/shower facilities on each floor. Coin-operated washing machines/dryers and ironing facilities are available in the launderette.

ARRIVAL: Arrivals are accepted from 12.30 - 23.00hrs. All students should report on arrival to the Reception at the main building in Great Portland Street. Students will then be allocated to their rooms. It is not possible to request specifically one building or another. If you are going to arrive after 23.00, contact Central School in advance.

DEPARTURE: Students must vacate their rooms at 09.30 hrs on the departure day.

